

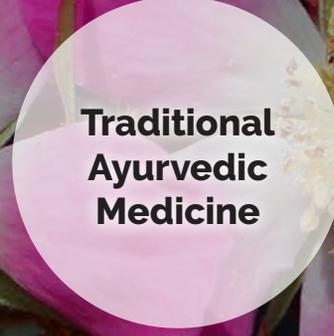
# Master Herbalist Diploma Program

This template can be used to assist both part-time and full-time students in choosing which order to take courses.

**Part-time** students who wish to only take one course at a time are recommended to follow the course flow using the **pink arrows**.

For **full-time** students, we recommend taking three courses at a time. Start with the first group of three, and flow from **left to right**.

PART TIME STUDENTS  
START HERE



FULL TIME  
STUDENTS START  
WITH THE 3 COURSES  
SHOWN ABOVE



**WILD ROSE**  
College of Natural Healing  
SINCE • DEPUIS  
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# Course Descriptions - Master Herbalist Diploma Program

## 1- NUTRITION ADVANCED

Learn about research methods, clinical assessment, and the role diet plays in the recovery of specific diseases. You will gain a new sense of responsibility for your own health, while gaining skills to aid others as they travel through their lives with an enhanced body and mind.

*\*prerequisite is Nutrition 101*

## 2- TRADITIONAL CHINESE MEDICINE

Develop an understanding of TCM through the study of concepts such as: Qi, Yin and Yang, Eight Principles, Vital Substances, TCM organ physiology and more. Study the four examinations, including pulse and tongue, and strengthen your assessment skills.

## 3- TRADITIONAL AYURVEDIC MEDICINE

Engage in an overview of the theory and practices of traditional Ayurvedic medicine, including the Five Element theory, humoral and structural theories, constitution, daily and seasonal regimens, dietetics, and more. Learn about your own body and innate constitution, bio-rhythms, nutritional balance, daily and seasonal routines.

## 4- TRADITIONAL CHINESE MEDICINE MATERIA MEDICA

Continue and refine your path of study in Traditional Chinese Medicine. Each lesson looks in depth at these Chinese herbs utilizing herbal monograph studying by learning through integration the names, origins, meridians, energetics or temperature and more.

## 5- TRADITIONAL AYURVEDIC MEDICINE MATERIA MEDICA

Continue and refine your path of study in Traditional Ayurvedic Medicine. This course will review 50 different medicinal plants of Ayurveda including remedy preparation, formulation, dosage, indications and contraindications as you continue on your way to becoming a Master Herbalist with Wild Rose College.

## 6- HERB-DRUG-NUTRIENT INTERACTION

Learn a combination of 74 herbs and foods discussed in detail with consideration to their interaction with conventional drugs. Dive into pharmacokinetic interactions, absorption, distribution, metabolism, elimination, and more. Gain knowledge on the interactions between pharmaceutical drugs, herbs and foods.

## 7- HERBAL PHARMACY COMING SOON

Get your hands-on herbal training for all things herbal preparations and recipes, from extractions with a variety of solvents along with recipes and guidelines for working with plant material and both internal and external formulas. Learn to blend herbs and create herbal protocols from products you can craft yourself in Herbal Pharmacy, coming soon at Wild Rose College and taught by Yarrow Willard.

## 8- APPLIED PHYTOTHERAPEUTICS I

Embark on a series of teaching modules that consist of a review of the different physiological systems of the body, a review of the etiology, pathology and diagnosis of selected diseases within each system. Applied Phytotherapeutics I also speaks from a medical, nutritional, Western herbal, Ayurvedic and Traditional Chinese perspective.

## 9- APPLIED PHYTOTHERAPEUTICS II

Embark on a series of teaching modules that consist of a review of the different physiological systems of the body, a review of the etiology, pathology and diagnosis of selected diseases within each system. Applied Phytotherapeutics II also speaks from a medical, nutritional, Western herbal, Ayurvedic and Traditional Chinese perspective.



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